AROGYAM PURE HERBS KIT FOR PCOSPCOD



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mother gives an unexplained contentment to every woman's heart. It is an innate desire of every woman to hold her baby in arms and bestow upon it, her affectionate love, generously. Conception is a natural course in an individual, whereas in some cases the female may have to confront some hinderances. Polycystic Ovarian Syndrome (PCOS) is a common disorder affecting approximately 8 % of adult women. It is a metabolic disorder and a leading cause of infertility. According to Ayurveda, PCOS can be caused due to an imbalance of any of the three doshas (Ayurvedic humors), the prime ones being Pitta (Fire) and Kapha (Water). Aggravated Pitta causes contamination of the dhatus (tissues) like rasa (nutrient plasma) and rakta (blood). This further causes accumulation of ama (toxins) in the weaker channels of the body. In the case of PCOS patients, these toxins get accumulated in the manovahi strotas (channels of the mind), leading to an imbalance of hormones secreted by the pituitary gland. This condition results in imbalance of female hormones and increase in Kapha, which causes formation of ovarian cysts (collection of fluids within an ovary), anovulatory periods (no ovulation) and other symptoms.

Benefits of the PCOS kit:

Helps to stop the cycle of cyst formation through balancing hormones and assisting the body in the removal of excess estrogen

Assists the body in the formation of a healthy uterine lining through key whole food nutrients Promotes ovulation through traditionally used herbs

Regulise Menstrual cycle

Maintain proper body weight and cure the problem of excess hair growth on the body (hirsutism) Chiudi

